CYMATICS
A Scientific Approach to Sound Healing
WITH JEFF VOLK AND MANDARA CROMWELL

SATURDAY JUNE 11TH 10AM-5PM
PRE-REGISTER: $105  DAY OF EVENT: $125

EXPERIENCE THE HEALING POWER OF SOUND — FROM ANCIENT HEALING TEMPLES TO TODAY’S ADVANCED SOUND TECHNOLOGY!

10AM-1PM FUNDAMENTAL PRINCIPLES OF SOUND THERAPIES WITH JEFF VOLK
- How Sound Effects Us: The Physics and Physiology of Sound
- How therapeutic music and specific audible frequencies can affect your psyche, mind, emotions and physical body.
- The Hidden Dynamics of the Universe: Gain insights into the unseen, yet universal dynamic processes that shape our world, from the microscopic to the macrocosmic.
- The Yoga of Sound

2PM-5PM ALIGN WITH THE SOUNDS OF THE UNIVERSE THROUGH CYMATICS AND CYMATHERAPY WITH MANDARA CROMWELL
- Hear the Music of the Spheres and see the Cymatics of our solar system
- See the sacred architecture of mantras made visible and how they are evident in temples based on Vastu Shastra
- Connect with the five sound bodies noted in Sanskrit texts
- Experience pain relief and stress reduction through Cymatherapy